

## POSITIVE DISCIPLINE INTRODUCTORY WORKSHOP

**Saturday, October 5<sup>th</sup>, 2024** 10:00-11:00 am

## \$50 per couple OR\$40 per individual parent

## Are you experiencing any of the following challenges with your children?

- Arguing with you or with each other
- Disrespect
- Temper Tantrums
- Lack of motivation
- Feeling entitled
- Parental burnout
- Parental disagreement on expectations

You are invited to a parenting workshop that provides an introduction to the philosophy of Positive Discipline and how parents can teach self-discipline, cooperation, and responsibility, while also improving the parent-child relationships. This presentation will include at least two Positive Discipline parenting strategies that can be lifechanging for families.



PRESENTED BY: **Virginia Madden, LCPC** Certified Positive Discipline Parent Educator

• 6408 Grovedale Dr #204, Alexandria, VA 22310

Coffee and tea will be provided.

Space is limited. Register at: https://aoclinic.org/workshop-registration/